

KS2 PSHE/Assemblies/Home Activity - This resource guides young people through what is meant by health and wellbeing and looks at how these can be affected.

Created by The Economist Educational Foundation and supported by the Connecting Classrooms through Global Learning programme, this resource looks at the impact Covid-19 may have had on mental health and wellbeing. It seeks to empower children by looking at ways in which they can improve their own mental health and wellbeing through simple activities. There are elements of looking at their day to day lives and meta-cognition to help process what has been happening over the last few months. It is kept very lighthearted, but may help children reflect in ways they have not about the pandemic.

<https://connecting-classrooms.britishcouncil.org/resources/home-learning/coronavirus-wellbeing>

Short Classroom Discussion/Assembly - This Horrible Histories clip provides a short and succinct explanation as to the rise and decline of the British Empire.

With increased discussion about British history thanks to the Black Lives Matter movement, children might be curious as to why there is such a sharp focus on British history when considering racial issues today. A brief discussion could be had about British history before the clip, asking children what they know and what they might have heard. A second discussion could take place after the clip about how other countries may have viewed Britain at certain points in time, and why British history is so tied up in discussion about race today.

“The British Empire in 2 Minutes”

<https://www.youtube.com/watch?v=mk14CGx0hSQ>

KS1/KS2 Home Activity - This activity explores history in a personal and oral sense, rather than a chapter in a book or exhibit in a museum.

With lockdown measures gradually easing, children will be returning to close contact with friends and family they may not have seen for months. This activity is a heartwarming way of reengaging with a loved one face to face. With the world looking more and more different with each passing decade, this activity provides a great opportunity for children to learn more about recent history from those they know. The activity frames a conscious conversation for a child to have with an adult they know and talk about what it was like for them growing up. This could be turned into a writing exercise or as a form of research in a relevant History topic. <https://www.tellingourstoriesdevon.org.uk/2020/04/20/conversation-and-a-cuppa-challenge>