

Celebrating 10 years of school linking

Some ways to raise funds for Food for Thought

Food for Thought will be able to help many more children like Grace to grow enough food for their families if we can raise money to train more agriculture teachers and support the work of the Key Farmer Trainers. The week-long practical training course in Sustainable Agriculture for teachers costs £150 per head. And a Key Farmer Trainer is paid £17 per month to work in a school. So, any sum of money will be a great help.

- Hold an auction of the fruit and vegetables from your display.
- Make soups, stews and jams from the vegetables and fruit in your display (and maybe add to them). Sell the products.
- Prepare a feast from the fruit and vegetables in the display and serve it to as many guests as possible. Charge at least £5 per meal ticket.
- Hold a sponsored digging, weeding or rubbish clearing session on a neglected area of land – maybe in the school garden, or at home, or in the local community.
- Take a collection at your assembly.
- Invite your local church(es) to join in.



If you have funds to donate to Food for Thought, please make a cheque payable to 'Devon Development Education - FFT Harvest Assembly' and post to:

Devon Development Education,
The Global Centre,
Berkeley House,
Dix's Field,
Exeter,
EX1 1PZ.

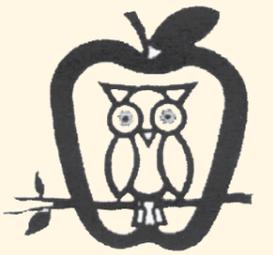
Remember to enclose the name and address of your school/church.

Food for Thought is a school linking programme with a focus on organic, sustainable food growing.



Devon Development Education
Tel. 01392 438811
www.globalcentredevon.org.uk

Ideas for a Food for Thought Harvest Assembly



Grace's story...

Grace Awino is in her final year at Okwira Primary School. She lives with her parents, three sisters and two brothers in Okwira village, in Tororo District of Uganda. Every day, before she goes to school and when she comes home, she goes out to look at her garden to see all the vegetables she has planted. Sometimes there is weeding to be done, or compost to be made. Grace also fetches water for the household and helps her mother cook and wash up.

It's about half a kilometre to school. Grace walks there with her brothers and sisters, following a narrow path that leads between the houses and gardens of their neighbours. There are 1,400 children in seven classes in her school – it's huge! There isn't enough room in the classrooms for all the children so they have to sit on the floor, squeezed up close to each other. The teachers can't easily walk round the classroom to see what the children are writing and much of their learning is copying from the board at the front.

Grace's favourite lesson is gardening. In Uganda most people rely on what they grow in their gardens to feed the family. Grace's family used to struggle to produce enough food for the eight people in her family, but Grace learned new methods at school through the Food for Thought Key Farmer Trainer and her agriculture teacher. She learned to make compost and to create raised beds and keyhole gardens for the vegetables. These beds hold the water for longer and direct it to the vegetables. She also learned how to look after the banana plants that provide an important part of the everyday diet in her part of Uganda.

At home Grace showed her father these new methods. She dug deep holes and filled them with compost before she planted the young bananas. Then she carefully put a thick mulch of dried grass and leaves around the base so that the water would not evaporate. Now the family has plenty of bananas to eat all the year round and even some extra to sell in the market. Grace uses this money to buy the books, pens, school uniform and other things she needs for school.

Grace and her family also grow lots of other crops in their three acre plot. They have millet and cassava, sweet potatoes and ordinary potatoes, sorghum, beans, maize, peas, aubergine, kale, amaranthus, pineapples and even some rice.



More information available from: The Global Centre, Berkeley House, Dix's Field, Exeter EX1 1PZ
Tel / fax. 01392 438811 Email: dde@globalcentredevon.org.uk www.globalcentredevon.org.uk



Ideas for a Food for Thought Harvest assembly

Create a display of the many different kinds of fruit and vegetables that are grown in Uganda, such as bananas, mangoes, watermelon, oranges, lemons, limes, pineapples, carrots, potatoes, sweet potatoes, cabbage, tomatoes, spinach, peanuts, okra, aubergine, chilli peppers, green peppers, amaranthus, Fairtrade tea and coffee.

If your school entered the Food for Thought garden competition, add the display which you made for it. Also include a map of Uganda. Locate and mark Tororo. This is the nearest town to where Grace lives.

A presentation to use in assembly

This short presentation may be used to supplement other material. This version uses four children but may be given by any number, for example, by using small groups of children for each part. If you have really good readers, each group can repeat their line at the appropriate point in the presentation, so that the different stages are continuously passed along the line of readers. These pictures are in a powerpoint called 'Grace Awino - Assembly'. There is a 2nd powerpoint called 'Grace's story', which tells more about her school and family, and can be found on the web site <http://www.globalcentredevon.org.uk/projects/food-for-thought>.

The participating children line up at the front. As each line is spoken, the items should be clearly indicated. If pictures are being used, the children can point to the screen on which they are being displayed.



Child 1 Here are the books Grace needs for school.

(Hold up or show a picture on screen of a pile of text books.)



Child 2 Here is the money which Grace uses to buy the books she needs for school.

(Hold up or show a picture on screen of some coins.)



Child 3 Here are the bananas which Grace sells, to earn the money to buy the books she needs for school.

(Hold up or show a picture on screen of a bunch of bananas.)



Child 4 Here is the land where Grace grows the bananas, which she sells to earn the money to buy the books she needs for school.

(Hold up or show on screen a picture of land on Grace's family farm.)



Child 1 Here is the compost Grace puts on the land where she grows the bananas, which she sells to earn the money to buy the books she needs for school.

(Hold up or show a picture on screen of Grace's compost heap.)



Child 2 Here are the tools which Grace uses to make the compost, to use on the land where she grows the bananas, which she sells to earn the money to buy the books she needs for school.

(Hold up or show a picture on screen of Grace with her spade and African hoe.)



Child 3 Here is the agriculture teacher who taught Grace to use the tools, to make the compost, to use on the land where she grows the bananas, which she sells to earn the money to buy the books she needs for school.

(Hold up or show on screen a picture of the agriculture teacher, Walson Okongo.)



Child 4 Here is the Key Farmer Trainer who helped the teacher who taught Grace to use the tools, to make the compost, to use on the land where she grows the bananas, which she sells to earn the money to buy the books she needs for school.

(Hold up or show on screen a picture of Beatrice Okumu.)

All

Here is the Food for Thought programme which runs the scheme which makes it possible to send the money to pay the Key Farmer Trainer, who helps the teacher, who teaches Grace to use the tools, to make the compost, to use on the land where she grows the bananas, which she sells to earn the money, to buy the books she needs for school.

(Hold up or show on screen Grace and the FFT logo.)

